



### 3. SEASONAL MENUS

#### **SUMMER MENU**

**MINIMUM OF 10 PEOPLE**

#### **SALADS**

*(Select one option)*

- Greek salad
- Trio of cheese salad
- Apple and walnut salad
- Smoked chicken salad
- Mediterranean pasta salad
- Three bean salad
- Potato salad
- Carrot and pineapple salad

#### **MAIN MEALS**

*(Select one option)*

#### **FISH CATEGORY**

- Fish bake
- Home made fish cakes
- Prawn curry
- Seafood lasagne
- Paella

#### **CHICKEN CATEGORY**

*(Select one option)*

- Summer chicken
- Crumbed chicken breast
- Cape Malay chicken curry
- Chicken kebabs
- Chicken pasta bake



### **MEAT CATEGORY**

*(Select one option)*

Grilled steak with pepper sauce

Grilled lamb cutlets

Beef kebabs

Lamb breyani

### **STARCH**

*(Select one option)*

Smoor rice

Basmati rice

Savoury rice

Yellow rice with raisins

Mashed potoes

Potato bake

Garlic potato

Potato wedges

### **VEGETABLES**

*(Select two options)*

Seasonal vegetables

Baby mix vegetables

Sauté baby marrow

Carrots and peas

Gem squash

Broccoli with almond butter

Vegetable bake



## DESSERTS

*(Select one option)*

Chocolate or cappachino mouse

Fruit salad and ice cream

Crushed meringue with fresh fruit

Fruity cheese cake

Ice cream with chocolate or toffee sauce

## VEGETARIAN MEAL OPTION

*(Select one option if required)*

Spinnach and feta quiche

Vegetable mousaka

Stuffed butternut

Vegetable stir fry with noodles